1. Print this page. NOTE: In the Print dialog box make sure Page Scaling is set to "None" and uncheck the "Fit to Page" option.

2. Cut out the ring sizer and make a slit along the dotted line.

3. Insert the pointed side through the slit to make a loop.

4. Adjust the loop on your finger until it sits comfortably. Make sure the loop moves easily over the knuckle.

5. Now read the number on the loop; this number is your ring size. We recommend adding one half size for rings that are 8mm or wider.

In this example, the ring size is 5.0
In this example, the ring size is 6.5